

AASD High School Physical Education Textbooks
Replacement Costs - Spring, 2016

Course	Textbook Title	Author	Publisher	Copyright	Cost	Yr. Adopted	ISBN #
0010 - Freshman Physical Education	Fitness for Life, 6 th ed.	Corbin & Lindsey	Human Kinetics, Inc.	2005	\$49.00	2005	0-736-046623
0043 - Adventure Education Leadership	Youth Leadership in Action: A Guide to Cooperative Games and Group Activities Quicksilver: Adventure Games, Initiative Problems, Trust Activities and a Guide to Effective Leadership Cowstails and Cobras II: A Guide to Games, Initiatives, Ropes Courses, and Adventure Curriculum Team-Building Activities for Every Group	Project Adventure Karl Rohnke Karl Rohnke Alanna Jones	Kendall Hunt Kendall Hunt Kendall Hunt Rec Room	1994 1996 1989 2000	\$22.05 \$47.20 \$33.55 \$16.00	2005	0-787-201073 0-787-221031 0-840-354347 0-966-234162
0044 - Introduction to Athletic Training	Introduction to Athletic Training, 2 nd ed.		Human Kinetics, Inc.	2005	\$76.00	2005	0-736-052925
0045 - Adventure Education / Outdoor Pursuits	Teaching Orienteering Backpacker's Start-up: A Beginner's Guide to Hiking & Backpacking (Start-up Sports Series) Introduction to Paddling: Canoeing Basics for Lakes and Rivers Fishing Basics Snowshoeing: From Novice to Master (Outdoor Expert) The Essential Cross-Country Skier	McNeill, Cory-Wright, & Renfrew Doug Werner American Canoe Association Gene Kugach Gene Prater Rick Lovett	Human Kinetics, Inc. Tracks Publishing Menasha Ridge Press Stackpole Books Mountaineers Books International Marine/Ragged Mountain Press	1998 1999 1996 1993 2002 1999	\$28.00 \$9.95 \$6.95 \$14.95 \$16.95 \$16.95	2005	0-880-118040 1-884-65410X 0-897-322029 0-811-730018 0-898-868912 0-070-496250

0047 - Personal Wellness: Personal Fitness / Healthy Lifestyles / Stress Management	Personal Fitness: Looking Good - Feeling Good Physical Activity for Health and Fitness	Williams, Harageones, Johnson, & Smith Jackson, Morrow,	Kendall Hunt Human Kinetics, Inc.	2000 1999	\$58.50 \$32.00	2005	0-787-247278 0-736-052054
0053 - Lifesaving	American Red Cross Lifeguard Training Manual					2005	
0056 - Water Safety Instructor	American Red Cross Water Safety Participant Manual					2005	
0058 - Individual Pursuits: Rock Climbing / Biking / Golf / Skating	Learn Rock Climbing in a Weekend Tennis: Steps to Success, 2 nd ed. Fitness Swimming	Kevin Walker Jim Brown Emmett Hines	Knopf Human Kinetics, Inc. Human Kinetics, Inc.	1992 1995 1999	\$5.00 \$18.95 \$18.95	2005	0-679-409513 0-873-225554 0-880-116560
0059 - Lifetime Fitness: Personal Fitness / Biking / Self- Defense / Swim Fitness & Water Games	Personal Fitness: Looking Good - Feeling Good Physical Activity for Health and Fitness	Williams, Harageones, Johnson, & Smith Jackson, Morrow,	Kendall Hunt Human Kinetics, Inc.	2000 1999	\$58.50 \$32.00	2005	0-787-247278 0-736-052054

Any previously adopted books not on this list -

If you have questions, contact: Steve Harrison, ext 2177

Mikki Duran, Physical Education & Health Program Leader, 832-6212

For office use:

Human Kinetics, Inc. 800-747-4457